

## PROGRAM



# PROADAS

PROMOTION OF ACTIVE  
DIGITAL AGEING SKILLS

**Wednesday, 23 September 2020**

- 15:00 - 15:15 Welcoming Presentation**  
Dr. Panos Papageorgis, *Dean of School of Sciences, European University of Cyprus*
- 15:15 - 15:35 The ProADAS Project promoting elderly peoples' inclusion in the society**  
Dr. Maria Prodromou, *European University of Cyprus*
- 15:35 - 15:50 ProADAS Handbook: insights in how to create an adequate and appropriate learning environment for seniors on digital skills**  
Dr. Ann Claeys, *Erasmushogeschool Brussels*
- 15:50 - 16:05 The Research and Review Paper**  
Main findings from the Intellectual Output 1  
Ms. Daria Kyslitska, *ESeniors France*
- 16:05 - 16:20 Can ICT technologies improve the quality of life of the elderly?**  
Mr. Giorgio Salza, *Dicciannove, Italy*
- 16:20 - 16:35 The role of nutrition in supporting active ageing: learning tips**  
Ms. Lisa Esposito, *AF, Croatia*
- 16:35 - 16:50 Break**
- 16:50 - 17:05 Active Ageing & Digital Skills: The proADAS Scientific Book**  
Ms. Charokopou Katerina, Ms. Sitareniou Dimita, *Xenios Polis, Athens*
- 17:05 - 17:20 Short presentation of Center for Social Innovation – CSI**  
Dr. Katerina Theodoridou, *CSI, Cyprus*
- 17:20 - 17:35 Presentation of proADAS Online Learning Platform and mobile app: Registration guidelines, Content, Modules**  
Ms. Glykeria Kalamata, *CSI, Cyprus*
- 17:20-18:00 Conference Conclusion, Questions, Suggestions, Continuation, Future perspectives**