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GOLD

GOOD PRACTICES FOR OLD PEOPLE



GOLD PROJECT HAS ALREADY STARTED!

GOLD is a project funded by the Erasmus+ program aiming at promoting exchange of best practices for the social inclusion of old people as well as their mental and physical health maintenance and skills development.

The main objectives of the GOLD project are:

- to promote social inclusion of people over 65 years old
- to exchange best practices on life-long education, mental and physical health, access to social life and digital world for people over 65 years old
- to promote social interaction and inter-generational activities
- to strengthen the competencies of caregivers, educators, adult trainers, other personnel working with people over 65 years old
- to fight stereotypes about old people.

Old people are active members of our society and “GOLD” project will empower them to participate in social activities, to maintain and improve their mental, physical and social skills, to feel active and to have the opportunities to offer to the younger generations by sharing their experiences and wisdom.

During project the 6 partners of the project CHALLEDU (Greece), E-SENIORS (France), FRODIZO (Greece), UNIVERSITY OF MUNSTER (Germany), READING FOR OTHERS (Greece) and ASSOCIATION GENERATIONS (Bulgaria) will exchange best practices and will develop a collection of an innovative palette with tools and best practices.

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