

PRESS RELEASE

EMPOWERING THE DEMOCRATIC RIGHTS OF PEOPLE WITH INTELLECTUAL DISABILITIES, OBJECTIVE OF THE EUROPEAN PROJECT IDEMOCRACY

To achieve digital competences, consolidate the democratic rights of people with intellectual and developmental disabilities and increase their political participation, in organisations and in the community, is the aim of the **IDemocracy** project in which Plena Inclusion Comunidad Valenciana is participating together with other organisations from other countries: Fenacerci (Portugal), E-Seniors (France), Edra (Greece), Hurt (Croatia), Viltis (Lithuania) and UPV-ITACA (Spain).

Paris was the chosen place for the third transnational meeting of this European project and the first in person meeting after the pandemic months. A meeting in which also participated the Universitat Politècnica de València, responsible for creating the digital tools of **IDemocracy**. During the meeting, issues such as the structure of the contents, the characteristics of the materials of each training module, the updates on the website and the work schedule to be followed until the end of the project, in October 2022, were finalised.

It's a training programme for people with intellectual disabilities that will also have an e-training tool as a means to enable the participatory and experiential digital approach of the training methodology. A tool where people with disabilities can participate in the training activities and put into practice what they have learnt, while developing new competences.

IDemocracy is a European project implemented within the ERASMUS+ Programme that aims to increase the competences of people with intellectual disabilities and their supports, related to the exercise of the democratic rights of people with intellectual disabilities in the digital society.

More information about the project: <http://idemocracy-project.eu/>