

TRAVELING DIARY SINDI (FRENCH PARTICIPANTS)

POLAND

Brigitte :

Lundi 15 Octobre

La Pologne

Ce voyage me laissera le souvenir d'un moment heureux passé auprès de gens heureux. Nous avons participé avec eux aux ateliers de danse et chants traditionnels Polonais, à des travaux manuels entre autres. Dommage que les conférences aient été qu'en Polonais et que nous n'ayons pas pu visiter le château.

Monday, October 15th

Poland

This trip will leave me with the memory of a happy moment spent with happy people. We participated with them in traditional Polish dance and song workshops, manual work and other activities. It was a pity that some conferences were only in Polish and that the castle was closed.

Mireille:

Lundi 15 Octobre

Semaine enrichissante par les visites. Nombreuses activités, cours de danses et de photos pendant lesquels j'ai appris de nouvelles techniques. Soirée et bowling où le groupe a pu faire connaissance malgré la barrière de la langue. Les seniors polonais sont véritablement doués en peinture et en poterie. Découverte de la nourriture Polonaise. Le groupe était très sympathique, beaucoup de vie pendant le cours de danse. Merci à la Pologne de nous avoir si bien reçu. Expérience à renouveler.

An enriching week through visits. Many activities, dance classes and photography workshops during which I learned new techniques. Evening celebrations and bowling where the group was able to get to know each other despite the language barrier. Polish seniors are really good at painting and pottery. I discovered Polish food. The group was very friendly, dance classes were very lively. Thank you to Poland for having welcomed us so warmly. Experience to be renewed.

LATVIA

Anais:

Monday, August 6th 2018

Our training in Latvia was many months ago, in October 2017. I can still remember the warm welcoming Livija and her staff gave us and how interesting it was to meet people from Latvia, Austria and Poland. Despite the language barrier, everyone was making an effort to communicate and share with others. Thomas from Poland was taking pictures and sharing them with us. We also danced traditional Latvian dances all together it was a very enjoyable and amusing moment. Spring in the country was beautiful and we visited parks, towns and castles. Finally, the 121 training was very informative and it was a pleasure meeting Fintan. I am sure we will keep using this innovative method in France. Indeed, it is important to put people at the center of teaching and to give priority to the exchange of knowledge between generations.

AUSTRIA

Diana:

Sunday, April 1st2018

The interactions between the SINDI partners and the students were much appreciated. I do hope the mixture of "seniors" and younger more digitalized members will continue. There were knowledge exchanges between the students, SINDI partners and seniors. It is also a relief when travelling to have someone familiar with the country and travel know-how along. Monika, Wolfgang and their assistants delivered a very well organized and enjoyable meeting including cooking classes, smartphone classes and photography workshop in Vienna. Thank you again for your continued support!