

ELISTAT - Enriching the lives of seniors through the art therapy



MULTIPLIER EVENT IN ANKARA

Elistat Project Multiplier Event was held in Ankara on 27th July 2023 and with the participation of 91 people including seniors, volunteers, academics, social workers and psychologists working in the field of ageing.

Many press members from the national press also attended the multiplier event.

During the event, the project and project outputs were introduced to participants by experts from Ankara Provincial Directorate of Family and Social Services,



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After the presentations, Question and Answer session took place, the participants were highly interactive during this session.

It was also observed that various networks were established among the participants working in the field of ageing.

At the end of the all sessions, a music choir consisting of elderly people took the stage and spiced up the event.

MULTIPLIER EVENT IN BITONTO, ITALY

Sinergia organized the multiplier event in Bitonto, Italy, on 26/07/2023, involving 31 representatives of the local municipality, the local NGOs dealing with elderly services, trainers, educators and social workers from elderly social services and facilities, volunteers and family caregivers from local associations of families and NGOs.

During the event, Sinergia registered a great interest in the proposed methodology, in the variety and flexibility of integrated resources available for professionals, caregivers and seniors.



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MULTIPLIER EVENT IN TIMISOARA, ROMANIA

ATFCT has organized 2 multiplier event in 24th of July and 30th of August 2023,

Both events covered all 6 intellectual outputs of the Elistat Project.

There have been 25 participants attending the first event (24th of July) and 10 participants attending the second event (30th of August).



MULTIPLIER EVENT IN PARIS

E-Seniors organized the multiplier event in Paris, France, on 28/08/2023, involving 20 representatives of the local municipality, local NGOs, educators and social workers assisting seniors, family caregivers and seniors participating in local workshops. During the event, The presentation and the practical demonstration was very appreciated. E-senior team guided participants in dealing with fear and violence, even addressing individual situations. All participants collaborated in producing meaningful work. The positive effects of art therapy sessions with seniors and of mindfulness exercises were clearly observed.



MULTIPLIER EVENT IN GONDOMAR, PORTUGAL

The "Multiplier Event - Focusing on Art Therapy" was a highly anticipated gathering that took place on 31st July 2023, at the Municipal Gondomar Library. Organized by the UNIÃO DE FREGUESIAS DE GONDOMAR (S. COSME), VALBOM E JOVIM Projects Office, this event aimed to disseminate the outcomes of the ELISTAT Project and showcase the positive impact of art therapy on seniors' well-being.

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SUSTAINABILITY STRATEGY

- The main outputs of the Project which are Online Learning Platform, Activity Book, Educational Videos and Podcasts will be continued for at least 5 years after the end of the Project.
- The inclusion of older individuals and adult trainers at local, national and European levels will offer a much wider sustainability potential by including a large number of individuals, institutions, organizations and authorities.
- The fact that all materials are online and cost effective will contribute to the sustainability of the project.



T.C. ANKARA VALİLİĞİ
AİLE VE SOSYAL HİZMETLER
İL MÜDÜRLÜĞÜ



UNIÃO DAS FREGUESIAS
de Gondomar (S. Cosme, Valbom e Jovim)

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